

SANDWICHES	PRICE
*Helga's Wholemeal Bread & Helga's White Bread available *Butter is used on all sandwiches but can be removed *Cheese can be removed *Vegan meats & cheeses available upon request *Gluten free bread upon request	
Vegemite	\$2.80
Vegemite & Cheese	\$3.40
Cheese	\$3.20
Barossa Gypsy Ham & Cheese	\$4.00
Barossa Gypsy Ham, Chesse & Iceberg Lettuce	\$4.00
Barossa Hungarian Salami & Cheese	\$4.00
Barossa Hungarian Salami, Chesse & Iceberg Lettuce	\$4.00
Barossa Roast Beef & Cheese	\$4.50
Barossa Roast Beef, Chesse & Iceberg Lettuce	\$4.50
Shredded Lilydale Roast Chicken & Mayo, Cheese & Iceberg Lettuce	\$5.00
Egg Curry & Mayo, Cheese & Iceberg Lettuce	\$5.00
Condiments: - Mayonnaise - Dijon Mustard - Seeded Mustard - Basil Pesto - Tomato Relish - Hummus - Tomato Sauce - BBQ Sauce	Included in above prices

WRAPS	PRICE
*Helga's Wholemeal Wraps and Helga's White Wraps available *Cheese can be removed *Vegan meats & cheeses available upon request	
Barossa Gypsy Ham, Chesse & Iceberg Lettuce	\$5.00
Barossa Hungarian Salami, Chesse & Iceberg Lettuce	\$5.50
Barossa Roast Beef, Cheese & Iceberg Lettuce	\$6.00
Shredded Lilydale Roast Chicken & Mayo, Cheese & Iceberg Lettuce	\$7.00
Lilydale Chicken Schnitzel, Cheese & Iceberg Lettuce	\$8.00
Egg Curry & Mayo, Cheese & Iceberg Lettuce	\$7.00
Chargrilled Eggplant, Chargrilled Capsicum, Cheese & Iceberg Lettuce	\$6.00
Condiments: - Mayonnaise - Dijon Mustard - Seeded Mustard - Basil Pesto - Tomato Relish - Hummus - Tomato Sauce - BBQ Sauce	Included in above prices

ROUND ROLLS	PRICE
*Made & baked instore daily	
*Butter is used on all rolls but can be removed	
*Cheese can be removed	
*Vegan meats & cheeses available upon request	
Barossa Gypsy Ham, Chesse & Iceberg Lettuce	\$4.00
Barossa Hungarian Salami, Chesse & Iceberg Lettuce	\$4.00
Barossa Roast Beef, Chesse & Iceberg Lettuce	\$4.50
Shredded Lilydale Roast Chicken & Mayo, Cheese & Iceberg Lettuce	\$5.00
Lilydale Chicken Schnitzel, Cheese & Iceberg Lettuce	\$6.00
Egg Curry & Mayo, Cheese & Iceberg Lettuce	\$5.00
Condiments:	Included in above prices
- Mayonnaise	
- Dijon mustard	
- Seeded mustard	
- Basil pesto	
- Tomato relish	
- Hummus	
- Tomato sauce	
- BBQ sauce	

SALADS	PRICE
Greek Salad Cucumber, olives, cherry tomatoes, feta, mixed lettuce and Greek dressing	\$5.50
Roast Vegetable Pasta Salad With roasted vegetables (eggplant, capsicum, zucchini, mushrooms, asparagus, red onion), feta, parsley and a vinegarette	\$6.50
Mexican Brown Rice With corn, capsicum, black beans, red onion and Mexican style dressing	\$ 6.00

BAKED INSTORE GOODS	PRICE
Vegemite Scroll	\$2.50
Margarita Scroll With cheese and pepperoni	\$3.00
Margarita Scroll With cheese, ham & pineapple	\$3.00
Cheese & Bacon Roll	\$1.80
Chocolate Donut	\$3.20
Sprinkle Donut	\$3.20
Cinnamon Donut	\$3.20

HOT FOOD	PRICE
Ham & Cheese Croissant	\$6.50
Toasted Sandwich- Cheese	\$3.50
Toasted Sandwich- Ham & Cheese	\$4.30
Plain Hot Dog	\$4.50
Hot Dog With sauce & mustard	\$4.70
Hot Dog With sauce, mustard & cheese	\$5.00
Butter Chicken Meatballs With creamy authentic curry & steamed rice	\$ 6.00
Italian Style Meatballs With a charred capsicum, tomato and herb salsa and rice	\$6.00
Enzo's Beef Lasagne 330g	\$8.50
Lilydale Crumbed Chicken Tenders	\$3.00 each
Sausage Roll	\$4.80
Vegetable Pasty	\$4.80
Beef Pie	\$4.80
Vegan Pasty	\$5.00

SNACKS	PRICE
Pink Lady Apple	\$1.00
Banana	\$1.00
Pear	\$1.00
Mandarin	\$1.00
Watermelon 250g	\$4.00
Rockmelon 250g	\$4.00
Fruit Sald 300g With seasonal fruits	\$5.00

DRINKS	PRICE
*Dairy free options available upon request	
PH8 Spring Water 500ml	\$1.45
Real juice Company 250ml Orange, Apple, Tropical, Apple & Blackcurrant	\$1.55
Nippy's Flavoured Milk 375ml Chocolate, Strawberry, Banana, Honeycomb	\$3.00