



Important Dates

National
Simultaneous
Storytime -
10:30am
Wednesday 22 May 2024

Year 4/5F Excursion
- Art Gallery
Thursday 23 May 2024

9am Assembly -
Led by 1/2 K & 2/3
HW
Friday 24 May 2024

IHM Family Mass -
Sacred Heart
Church @ 9am
Sunday 26 May 2024

Scholastic Book Fair
- 27th - 31st May
Monday 27 May 2024

9am Mass - 3/4 P &
4/5 F
Wednesday 29 May 2024

9am Whole School
Liturgy - Feast of
the Sacred Heart -
Led by SRCs &
House Leaders
Wednesday 5 June 2024

Pupil Free Day
Friday 7 June 2024

King's Birthday
Public Holiday
Monday 10 June 2024

House Meetings
(students wear
House coloured
top)
Friday 14 June 2024

9am Assembly -
Led by 5/6 L
Friday 21 June 2024

9am Assembly -
Led by 3/4 P & 4/5
F
Friday 5 July 2024

Semester 1 Reports
emailed to families
Friday 5 July 2024

End of Term 2 -
3:00pm Finish
Friday 5 July 2024

From the Principal

Dear Families,

Catholic Schools Week

Last week we celebrated Catholic Schools Week by recognising what's great about IHM from parents, staff and students. There is much to celebrate about our unique gem of a Catholic school. We also celebrated World Education Support Staff Day on Thursday May 16th and thank all our incredible ESOs at IHM. Our students thrive thanks to their care, support and management of our school across so many dimensions; curriculum, administration, health, finance, environment. This term we welcomed **Teagan Lypsys** to the team as an additional curriculum ESO.



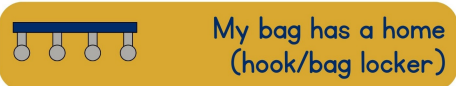
What is PBIS?

Our staff are engaged in PBIS training in 2024. Positive Behaviour Interventions and Support (PBIS) is a framework for creating safe and orderly learning environments in schools, while improving the social-emotional outcomes for students. It is a proactive approach that relies on research based practices, including developing clear behavioural expectations, teaching these expectations, acknowledging appropriate behaviour, consistently correcting inappropriate behaviour and using data to systematically solve problems.

We are gradually introducing this framework and our next whole school focus will be "We are responsible for our belongings". We will introduce this to all students in our Week 4 assembly and teachers will explicitly teach the skills involved through lessons in class, regular practice, feedback and positive recognition.

WE ARE RESPONSIBLE FOR OUR BELONGINGS

At IHM, we follow these procedures and behaviour expectations



Lunch Clubs

IHM is excited to introduce daily break-time clubs commencing next week (Week 5) - we are calling these **Heart Clubs**. These clubs are an initiative to help students interact with their peers in traditionally unstructured times of the school day. Clubs are an opportunity for students to have fun and interact with peers, including peers from different year levels, who have similar interests and passions. Clubs promote inclusion and align with our Year of Inclusivity focus. There's been lots of research into the benefits of break-time clubs including:

- Improving social skills
- Increased friendships
- Promoting peer social acceptance
- Creating feelings of happiness
- Engagement in teamwork, co-operation and collaboration
- Opportunity to increase interests, knowledge and skills
- Increasing feeling of safety whilst at school
- Decreasing loneliness Learning social cues and opportunity to practice social skills

Break-time clubs can also benefit school staff by providing opportunities to work with different age groups, share their talents and skills, and get to know students outside of the classroom. Our Heart clubs will also involve student leadership and parent help such as our Green Hearts gardening club and cooking. Each term our clubs will change to reflect the interest of students and skills of staff/parents/student leaders.


Parent Engagement

We would love to hear from you if you have a skill, talent or interest you are able to share with our students or have a family member or know someone in the wider community who can e.g. grandparent.

We would appreciate volunteers for Heart Clubs during the year (between 1.10 - 1.40pm) or even for parents to share their occupational skills and knowledge in some way e.g. carpenter who could teach a woodwork club. Volunteers would need to complete the volunteer's






induction in addition to having a current 'Working with Children Check' (WWCC).

We would love to explore further opportunities for engaging parents in meaningful and authentic ways which will enhance the life of our students at school.



Immaculate Heart of Mary School

HEART CLUBS

- MONDAY - Art Club**
Art Room 
- TUESDAY - Green Hearts**
Kitchen/Garden 
- WEDNESDAY - Lunch Club**
Library 
- THURSDAY - Book Club**
Library 
- FRIDAY - Just Dance**
Hall 

Technology addiction and social media for young people

You may have recently seen on TV the Channel 7 Spotlight program on the growing challenge of tech addiction in children and Peter Malinauskas recent announcement regarding the proposed restriction of social media for younger children. This is certainly a growing concern for parents, educators and schools who frequently see the effects of excessive and inappropriate use of tech by children on their academic achievement, ability to engage in learning and social difficulties.

Leaders in schools deal with extraordinarily challenging situations for primary students which have all occurred outside of school and on devices; including students falling asleep in class due to frequent night gaming, cyberbullying, access to pornography, grooming by online predators through apps and games, sexting, aggressive behaviour and fixations on violence from online games. These are all very real, disturbing and have significant impacts on students' mental health and functioning. As a school we teach cyber safety to our students, but parental control is vitally important in ensuring our children are safe.



We are currently exploring some high quality cyber safety education presenters to facilitate some parent workshops in the future. If you have concerns for your child's tech use please speak to your child's teacher, leadership, or Suzie Wallace our school chaplain.

5 tips to support healthy use:

1. Build a family media plan that balances time with and without devices
2. Create screen-free times and places in your home, such as meals and bedtime
3. Monitor apps and ensure they are age appropriate and safe
4. Have regular discussions as a family about online activities

5. Make sure your child knows they can come to you about their experiences online, even if they feel embarrassed or worried

- <https://www.esafety.gov.au/parents/issues-and-advice/parental-controls>
- <https://www.internetmatters.org/issues/>

Regards,

Julie Hancock

PRINCIPAL

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Recent News

20.05.24

From the Assistant Principal

Pentecost

On Sunday 19th May our Church celebrated Pentecost. This is a significant day in our liturgical calendar because it is when the Holy Spirit first came to the apostles and gave them the courage and strength to speak God's message to the world.

Pope Francis said: "***The Spirit makes us see everything in a new way, with the eyes of Jesus***"

3/4P and 4/5F students will leading our **Pentecost Mass on the 29 May at 9am**. All families and siblings are welcome to attend.

Laudato Si' Week - May 19-26: 'Seeds of Hope'

Laudato Si Week began as a way to celebrate the first anniversary of Pope Francis world changing papal encyclical letter, 'Laudato Si - Care for Our Common Home'. The Catholic Education South Australia (CESA) Catholic Identity and Mission Team have developed an engaging resource inviting you to connect with God's beautiful creation.

**care for
Creation**

Laudato Si Week
May 19-26 2024

#LivingLaudatoSi

10 family activities to connect with God's creation...

Meander along a beach and search for shells. Splash in the waves and write in the sand.

God bless the beach. Where waves roar and seagulls screech.

"He determines the number of the stars; he gives to all of them their names." Psalm 147:4

Go stargazing and marvel at the beauty of the night sky.

Plant vegetable seeds and watch them grow. Cress, beans and radishes grow quickly.

God bless the seeds we sow, may they thrive and grow.

Take a walk in nature with a camera or device and capture the beauty of the surrounding landscapes, fauna and flora.

Embark on a backyard adventure searching for creepy crawly creatures! Lift rocks, peep under leaves and search amongst flowers. Can you find a snail, slater or caterpillar?

Look up at the sky and count the clouds. Can you find a cloud that looks like an animal?

Dear God We're grateful for clouds above, bringing shade and gentle love. Amen

Find smooth rocks and paint them with bright colours and designs. Use them to decorate your garden or give as gifts.

"The Lord is my rock" Psalm 18:2

Enjoy a picnic outdoors. Begin with Grace that focuses on the beauty of God's creation.

Dear God Bless this meal and guide us to cherish and protect our wonderful world. Amen

Dear God Thank you for food so yummy, and for family, warm and cuddly. Amen

Embark on a bike ride around your neighbourhood.

Make a pebble tower. How many rocks can you balance?

How do you balance and make time for God?

Mary our Mother Mass

On Wednesday 8th May 2/3HW led Mary our Mother Mass. Through the scripture reading they led us in reflecting how special Mary was and how our mothers and significant others provide us with love, care and strength. We thank Father Santhosh for being our celebrant and all the families who attended.



TERM 2 - Liturgies: 9am in the HALL

Week	Date	Class Leaders
6	6 th June	SRC/House Leaders - Feast of the Sacred Heart
8	20 th June	R/1T R/1T 1/2K

Sacred Heart Church Community Mass: Sunday 26th May at 9am

All Families are welcome to attend. Our sacramental students will be presented on this day.



IHM Sacramental Program

Our Parish Sacramental Program is family based, facilitated by our Sacred Heart Church and supported by the APRIM's (Assistant Principal-Religious Identity and Mission) from St Joseph's School, Hindmarsh, St Michaels Primary Campus and Preca Community.

Please keep **Paige** (3/4P) **Zara** (4/5F) and **Tiana** (5/6L) in your prayers as they begin their sacramental preparation for Confirmation and First Holy Communion. The celebration will be on held on **Sunday 18th August at the Sacred Heart Church, Hindmarsh.**

If you are interested in your child participating in the next cycle of the Sacramental Program or would like further information please email Jhovana: jfenu@ihm.catholic.edu.au

Please note that it is a requirement for children who participate in Sacramental Program to be baptised. If your child is not baptised, we encourage you to contact the Parish Office on 8346 3901 or Email: shparish@shphf.com.au

NCCD: The Nationally Consistent Collection of Data on School Students with Disability

The NCCD is an Australian Government collection of data that counts school students receiving reasonable educational adjustments: an action to help a student with disability access education on the same basis as their peers.

For more information on NCCD click [HERE](#)

NCCD Information video for families click [HERE](#)

We take this opportunity to thank all our families for their trusted partnership, collaboration and involvement to ensure we are providing the right educational adjustments that works best for their child.

Jhovana Fenu

Assistant Principal-Religious Identity and Mission/Learning Diversity

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Sports News

Cross Country Championships



Last Monday 13th May, 11 students across Years 3-6 ventured to Barrett Reserve, West Beach to compete in IHM's first Western District SAPSASA Cross Country Championships

The day was a huge success with impressive performances across the board. Congratulations to the entire IHM Cross Country Team who together won the '**Small School**' category for the day with some individual placegetters.

Congratulations to **Julieta L** who placed 3rd and **Isla H** who placed 2nd in their respective age groups. Congratulations also to the following students who placed in the top 6 of their age group to secure their position within the Western District Cross Country team who will compete in the State Cross Country Championship at Oakbank in Week 6, **Julieta L, Lottie R, Luca T and Isla H.**

I would like to congratulate all students on how they represented IHM at the carnival and all the students should be extremely proud of

Scholastic Book Fair brochures will be distributed to all the children this week.

All purchases will benefit the school as we will be able to buy more books for our library. See you all there.

Carmel Johnston

LIBRARY COORDINATOR

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Our Lady of the Sacred Heart College



2025 Scholarship Applications Now Open

A wide range of scholarships are available to new students starting in Years 7 & 8 at OLSH. Recognising girls with a range of gifts and talents, our scholarships support families who are looking to choose an outstanding all-girls education for their daughter, where every student can thrive and reach her full potential. Scholarships include Academic, Performing Arts, Parishioner and Financial Assistance.

For more information visit: www.olsh.catholic.edu.au/node/50

Applications close Monday 3rd June 2024.

Our Lady of the Sacred Heart College

An all girls secondary Catholic College - Years 7 -12

496 Regency Road, Enfield SA 5085